

4quick sleep mceODT

Deep sleep and
fresh awakening



INDICATION

- Night shift workers
- Travellers into different time zone (jet lag)
- Difficulties falling asleep
- Light or unrestful sleep
- Short sleep duration (early awakening)
- Frequent awakenings
- Along with the difficulty or inability to fall back to sleep again

4quick sleep mceODT prevents undesirable degradation during the first passage of the liver by a **sophisticated process** that involves the formation of the **inclusion complex with melatonin** and utilization of **orally dissolving tablets** as a dosage form.

Falling asleep quickly due to a **rapid release of melatonin** in orally soluble tablets (ODT).

Deep sleep and fresh awakening thanks to the gradual release of 5-HTP, L-theanine, Magnolia officinalis and vitamins B1, B2, B6, B12.

Novel melatonin formulation ensures **higher absorption** in comparison to classic products **up to 600%** and **increases solubility of melatonin up to 100%**.



Scientifically proven
increase in
melatonin
absorption



User-friendly form
ODT release
melatonin **in mouth**



Dissolves within
30 seconds
in mouth



Bypassing liver

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User friendly dosage form in **orally dispersible tablets (ODT)**, simple use, no water need.

Packaging:

60/ 120 tablets in dose

Recommended dosage:

Dissolve 1 minitab in the mouth at bedtime

Content in one tablet:

Melatonin	1-3 mg
Griffonia simplicifolia extract	2 mg
Magnolia officinalis extract	1 mg
L-theanine	2 mg
Vitamin B1	260 µg
Vitamin B2	420 µg
Vitamin B6	345 µg
Vitamin B12	0,75 µg



CONTACT US:

mcePharma s. r. o.
+420 556 778 500
sales@mcepharma.com
www.mcepharma.com

