



Take note



Our scientifically supported formulation 4quick sleep ensures higher absorption in comparison to classic products up to 600% and increases solubility of melatonin up to 100%\*.

## Deep sleep and fresh awakening due to a rapid release of melatonin in ODTs



### The trouble with falling asleep and difficulty staying asleep?

With our food supplement you will experience:

- relaxing and refreshing sleep;
- invigorated and renewed awaking.



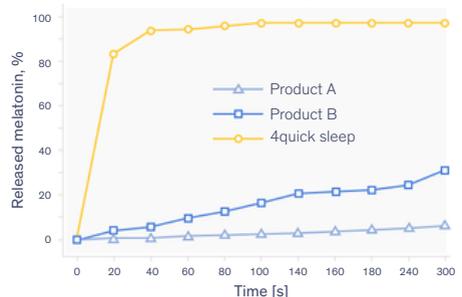
Active ingredient	Contains in 1 tablet
Melatonin	1-3 mg
Griffonia simplicifolia extract	2 mg
Magnolia officinalis extract	1 mg
L-theanin	2 mg
Vitamin B1	260 µg
Vitamin B2	420 µg
Vitamin B6	345 µg
Vitamin B12	0,75 µg

**Mini tablet, which dissolves directly in the mouth within one minute. Safe long-term use, does not cause addiction.**

Melatonin is the body's own substance, which is often called the "sleep hormone" because it affects the body's circadian rhythm. Griffonia and the contained B vitamins contribute to the normal functioning of the nervous system.

### Sleep problems of potential users:

- difficulties falling asleep;
- light or unrestful sleep;
- short sleep duration (early awakening);
- frequent awakenings;
- along with the difficulty or inability to fall back to sleep again;
- night shift workers;
- travellers into different time zone (jet lag).



Comparison of release of melatonin of 4quick sleep and commercial products

\*mcePharma et al.: Neo sleep ODT supplement – Dietary supplement in form of orally dispersible tablet containing highly soluble and bioavailable melatonin. 2017.